



Imagine that you have a dream of movement,

freedom of movement, freedom to play, freedom to communicate - and then you awake and realise it was only a dream after all. Imagine that for you, freedom of movement or expression may only ever be just a dream.

Being free of restrictions is taken for granted by most of us, yet an accident or incident can rob us in a flash of many of life's most dynamic pleasures.

At Sailability we use the recreational pastime of small boat sailing, not just for the benefits of fresh air and light exercise but as a medium to regain some sense of freedom for those less able than ourselves to enjoy freedom.

Glide over the shimmering water, touch it with your hand, feel the wind on your face or the salt spray flicked from the crest of a wave. Smell the ozone and hear the sea bubbling around the rudder. Feel the surge as you accelerate with a welcome gust of wind.

As a bonus, enjoy Airlie Beach from the water, it is even more beautiful than from the land. Marvel at the green hills behind the palm tree fringed sandy beach. Look up at the birds gliding in the breeze - as you too glide - but over the water.

To share the thrill of sailing with someone else creates a bond, a partnership in having fun. Experiential interaction through sailing stimulates the mind and fosters camaraderie and personal development. It brings on the smiles and adds sunshine inside our minds.

We at Sailability have seen and experienced the beneficial effects of sharing our love of sailing and hope that you too can join us as a volunteer or client, to experience the sense of freedom and inner well-being that it brings.

Please Join Us ...

Our Mission Statement

To provide people with special needs, disabilities and disadvantages regardless of age or level of ability with support and opportunity to develop their interest in sailing.

Our motto

"FREEDOM on the WATER"

Who we are

We are part of the worldwide Sailability organisation which was founded in the UK in the 1980's. Sailability Whitsunday is just one of the many hundreds of clubs helping the disadvantaged and those with disabilities to enjoy the recreational benefits of sailing. It works for over 100,000 people round the world and it will work for you.

We are a registered charity and rely on our volunteers, donations and sponsors.



The Sailability Whitsunday Inc. is an important part of the development of young children within this region and I therefore wholeheartedly support their efforts with their application, and ask that it be given strong consideration in the funding process.

Yours sincerely

JASON COSTIGAN MP
MEMBER FOR WHITSUNDAY
SHADOW ASSISTANT MINISTER
TO THE OPPOSITION LEADER FOR NORTH QUEENSLAND

What we offer

- ✓ Fun for all on water ... and land, focusing on the healthy activities of sailing and boating.
- ✓ Experiential contact in a structured format (stimulating interaction between people and activity).
- ✓ Basic sail training for those able to get involved.
- ✓ Camaraderie, community contact and personal development.
- ✓ Safety and support in a positive environment.

Our Volunteers

Mostly those who enjoy sailing and have time to attend. You don't need to be a sailor and we have many important shore-based roles. We can show you how to sail or drive a power boat and learn many more skills.

Choose one or more roles such as skippering a sailing boat, driving a power boat, preparing and maintaining boats and equipment, radio operator, volunteer and client co-ordinator, dock handler, support crew on water or land, sausage sizzler and many more including administration and managing people.

You are a valuable team member helping others as well as yourself.

Our Clients

We welcome physically and mentally disadvantaged children and adults as individuals or from carer groups.

We encourage socially disadvantaged or marginalised children and teens to benefit from the healthy recreation that sailing provides.

Whether you sail with our skippers or relax on our observer boat – you are our partners in fun.

Our Objectives

To provide an enjoyable recreational activity for our Clients, Carers and Volunteers.

To foster an interest in sailing that may lead to crewing opportunities.

To build self-reliance that comes from learning recreational and people skills.



General Enquires & SMS Notifications **0499 835 111**
PO Box 126, Cannonvale 4802

sailabilitywhitsunday@gmail.com

www.sailabilitywhitsunday.org

www.facebook.com/sailabilitywhitsunday

www.givenow.com.au/sailabilitywhitsunday

